

**TCM State Capitol 5k
St. Paul, Minnesota
October 2, 2004
MN.04024.RR**

Course:

Start in the southwest-bound lane of John Ireland Blvd just south of the DOT Building, go southwest to the Cathedral, then southwest and west on Summit, past Dale, turn around just past St Albans and return, finishing at the TCM finish line in the northeast-bound lane of John Ireland.

Map is not to scale. Roads have more intersections than shown. Course was measured along the shortest route that a runner could take without leaving the road. No cones are required except at turnaround point. Points are marked with 3" red painted dots. Turn this page on edge for proper view of map.

Measured Points:

Start: On John Ireland Blvd 1.47 m (4' 10") SW of center of 3rd lamp post NE of 12th St, marked in gutter and on NW curb of SW-bound lane.

Mile 1: On Summit Ave 6 m (19' 9") W of W edge of driveway for 421 Summit, marked on N curb.

Turn: On Summit Ave 3.66 m (12' 0") W of W edge of water access cap just W of sidewalk for 683 Summit, marked "Turn" on N curb and pavement.

Mile 2: On Summit Ave 2.7 m (8' 11") E of E edge of driveway between 475 & 485, marked on N curb.

Mile 3: On John Ireland Blvd, SE side of NE-bound lane, in front of History Center, 0.3 m (1') NE of NE edge of 1st storm sewer grate SW of bridge over I-94.

Finish: On John Ireland Blvd, SE side of NE-bound lane, 7.60 m (24' 11") NE of 1st parking meter post NE of 12th St. Note: the finish for the TCM is defined as "0.94 m N of 2nd parking meter N of 12th St." However, it appears that the 2nd parking meter post has since been removed, and the 2nd meter placed on the 1st post next to the 1st meter. This definition is intended to describe that same finish line, but in any event it describes the correct finish for this 5k race. Mark: SW edge of the blue and white painted TCM finish line mark.

Measured August 22, 2004
Don Wright 651/770-3728

