Robbinsdale Whiz Bang 10k Race

July 12, 2008
MN 08029RR Expires 2018

Course: Start NE in cancer center parking lot, turn right (SE) on W Broadway Ave frontage road, turn left (E) on Oakdale, using sidewalk or westbound traffic lane, turn left (N) on bike/pedestrian trail between York and Victory Memorial Pky, continuing almost all the way to Lake Drive (45th), then half right, sharp left, and left again to make a full turn around a small triangle (the "north turn"), and back to Oakdale. Cross Oakdale and take the right (west) trail. At 29th/Parkview take the right (west) trail down a little hill, continuing to the south turn at about 1929 Glenwood Pky, turn around and return. Just after 29th/Parkview take the right (east) trail back to Oakdale. Cross Oakdale and return to the start/finish.

Start/Finish: 2nd light post NE of cancer center in grass island bordering NW edge of parking lot. Same as 5k start/finish.

1 Mi: Bike/ped trail, S edge of center boulevard of 36th Ave N. Same as 5k.

2 Mi: 10 m (33 ft) N of hydrant between 4333 and 4337 York.

North Turn: Triangle in the trail at 45th / Lake Drive. See detail.

3 Mi: 9 m (29.5 ft) S of driveway for 3713 York.

5k: South edge of driveway for 3613 York.

4 Mi: 11 m (36 ft) N of first streetlamp N of junction with 29th/Parkview.

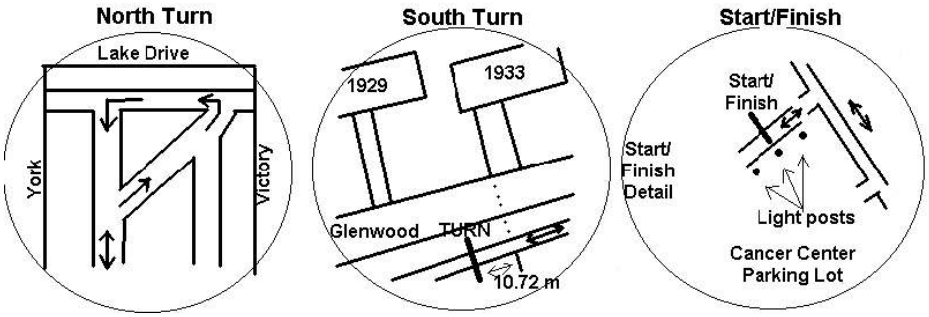
South Turn: 10.72 m (35 ft 2 in) S of driveway for 1933 Glenwood Pky.

5 Mi: 74 m (242 ft) S of "Grand Rounds Scenic Byway" sign post # 14.0, which is located near the junction of Manor Drive and Xerxes Ave.

6 Mi: W Broadway Ave, 3 m (10 ft) SE of back driveway for 3359 W Broadway offices.

Race Director: Points are marked in yellow paint with S/F, 1, 2, 3, 5k, 4, 5, 6, Turn.

Runners may use the full width of roads and paths, but you need cones, signs, volunteers, or other direction at several places:

1. The turn from Oakdale Ave onto the bike/ped trail, to block a shortcut.
2. The north turnaround, see detail below..
3. The point where the trail splits just S of Oakdale.
4. Another point where the trail splits just S of 29th/Parkview.
5. The south turnaround, see detail below.
6. Yet another point where the trail splits just N of 29th/Parkview.
7. On the return to prevent runners from short-cutting the Oakdale crossing.

Measured July 6, 2008
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